



THE COMPANY

InjuryCloud, LLC. ("InjuryCloud™") provides a secure portal featuring our validated and peer reviewed injury based health risk assessment. Our musculoskeletal testing programs and related analytical data are applicable to a broad array of markets, including, but not limited to: employers, insurers, governments, schools, health care professionals, health and wellness screening, entities, pharmaceutical, manufacturers, corporations, and fitness centers/health clubs.

InjuryCloud™ is comprised of a comprehensive multi-faceted health and wellness portal, that securely exchanges an injury based health risk assessment report. Depending on the end-users' Quantified Risk Factor Score™, interventions are customized to address and reverse those risk factors that are present within a specific body region. These interventional programs are easily tracked on our peer-reviewed risk factor scale, and are administered and tracked via our health and wellness portal. Our goal is to efficiently reduce direct and indirect risk factors that lead to injuries and osteoarthritis. In doing so, co-morbid risk factors are likely diminished making us a

natural plug-in for a traditional health risk assessment.

PRODUCTS AND SERVICES

Injury Cloud's Injury Assessment™ - is a peer reviewed and validated injury based health risk assessment that *quantifies*, an individuals' risk factors for developing injuries and costly degenerative arthritic conditions.

The Injury Assessment™ reports these findings into four primary body regions: Neck, Upper Extremities, Back and Lower Extremities, quantifying them from low, to medium and high risk with reproducible values. Our Quantified Risk Factor Score™ is especially useful in establishing a functional baseline that enables an easy to understand reporting method to allow employees to participate in group or individual intervention programs and seamlessly integrate and share their results with their healthcare professionals via our secure portal. (b) These quantified data may be compared with future claims outcomes to manage utilization as well as the efficacy of a providers treatment plans and (c) may be used for cost-benefit analyses for insurers and other third-party payers.

VALIDATED RISK FACTOR DETECTION

Our Quantified Risk Factor Score™ and risk factor reduction intervention programs are the result of a multi-specialty team of healthcare professionals, which includes colleagues from John's Hopkins, The MAYO Clinic, Stanford University, Georgetown University and NY Chiropractic College; resulting in a peer reviewed validation study that was published in **The Journal of Medicine (March/April 2009) on The Quantification and Tracking of Osteoarthritis**. This study validated the quantification of risk factors for developing osteoarthritis and injuries with a **96% specificity and accuracy**.

Our Injury-Based Health Risk Assessment is crucial in early identification of direct and indirect risk factors that lead to costly osteoarthritis and debilitating injuries.

If you are interested in learning more about our products and services, please call us at **813 UR-INJURY** or email us at wmg@injurycloud.com.



Dear Ms.

ID:

Congratulations on taking an important step to understanding your personal Musculoskeletal Risk Factors. Your scores are outlined below.

It is important that you share this information with your health care provider. ***This report is not meant to diagnose you in any way. Nor is it meant to treat you for any ailments that you may have. It is simply an awareness tool for you to educate yourself on your individual risk of injury.*** Your scores were determined based on information you provided using our self-administered questionnaires.

You can find out more about your specific risks and how to decrease them through links on our website: <https://injurycloud.co>

I. Your Overall MSD Risk Score:

Your Score

Score	Action to be Taken	High	Med	Low
High	Consider Medical Advice			

An overall score of High indicates MSD risk factors are physically present. If you are not injured already, you are at an increased risk of developing an injury. This score is not meant to diagnose you. Please consider seeking medical advice as soon as possible. See the details in the next two sections for more information.

II. Your Risk Scores by Body Region:

Region	Score	Action to be Taken	High	Med	Low
Neck.....	Medium	Be Aware, Discuss with Qualified Professional			

This region involves your upper trapezoids and your neck. A score of Medium in this category indicates you show the beginning signs normally present in developing a MSD. Therefore you are at increased risk of developing one. This score is not meant to diagnose you. You should consider discussing your risk factors shown on the last page of this document with a qualified professional within the next 3 months.

Upper Extremities.....	High	Consider Medical Advice			
------------------------	------	-------------------------	--	--	--

This region involves your shoulders, arms, elbows, wrists and hands. A score of High in this category indicates MSD risk factors are physically present. If you are not injured already, you are at an increased risk of developing an injury. This score is not meant to diagnose you. Please consider seeking medical advice as soon as possible.

Back.....	Low	Follow-up Next Scheduled Physical			
-----------	-----	-----------------------------------	--	--	--

This region involves your middle and lower back. A score of Low in this category indicates it is unlikely that you have a MSD based on the information you provided. This score is not meant to diagnose you. You should discuss this report with your physician at your next scheduled visit.

Lower Extremities.....	Medium	Be Aware, Discuss with Qualified Professional			
------------------------	--------	---	--	--	--

This region involves your hips, legs, knees, ankle and foot. A score of Medium in this category indicates you show the beginning signs normally present in developing a MSD. Therefore you are at increased risk of developing one. This score is not meant to diagnose you. You should consider discussing your risk factors shown on the last page of this document with a qualified professional within the next 3 months.

III. Individual Risk Factors:

Listed below are the significant risk factors you reported. They were used in determining your overall score and the score for each body region. Any single risk factor may not seem important however, combined with other risk factors they become more relevant.

Personal & Family History	Activities	Biometric Exam
<ul style="list-style-type: none"> ◦ OTC Non-Steroidal Anti-Inflammatory Meds ◦ RX Non-Steroidal Anti-Inflammatory Meds ◦ Fam. HX: Diabetes ◦ Fam. HX: Thyroid Dysfunction ◦ Fam HX: Osteoarthritis ◦ Fam HX: Osteoporosis ◦ Exercise: 1 - 2/week > 30 min ◦ 1. Head - Quality/Pain: Dull ◦ 1. Head - Frequency/Pain: Weekly ◦ 1. Head - Severity of pain based on VAS: 6 ◦ 2. Upper Trapezius (Front) - Quality/Pain: Dull ◦ 2. Upper Trapezius (Front) - Frequency/Pain: Daily ◦ 2. Upper Trapezius (Front) - Severity of pain based on VAS: 3 ◦ 10. Neck - Quality/Pain: Dull ◦ 10. Neck - Frequency/Pain: Weekly ◦ 10. Neck - Severity of pain based on VAS: 5 ◦ 13. Mid-Back (2) - Quality/Pain: Dull ◦ 13. Mid-Back (2) - Frequency/Pain: Monthly ◦ 13. Mid-Back (2) - Severity of pain based on VAS: 4 ◦ 15. Lower Back - Quality/Pain: Dull ◦ 15. Lower Back - Frequency/Pain: Weekly ◦ 15. Lower Back - Severity of pain based on VAS: 9 	<ul style="list-style-type: none"> ◦ Computer Use - Daily ◦ Forceful Pinching/Gripping - Frequently ◦ Repetitive Neck Motion - Frequently ◦ Repetitive Elbow Motion - Frequently ◦ Needle Work, Piano, Computer: Neck Stress and/or Repetitive Motion of Fingers/Wrist/Forearms - Daily ◦ Aerobics/Running - Weekly ◦ Sitting > 30 min - Occasionally ◦ Lifting/Pushing > 50 lbs - Occasionally ◦ Use of Vibrating Tools - Occasionally ◦ Exposure to Extreme Temp - Occasionally ◦ Awkward Positions - Frequently ◦ Hands above Mid-Chest - Occasionally ◦ Squatting, Bending - Frequently ◦ Bending at Waist - Frequently 	<ul style="list-style-type: none"> ◦ Neck: Pain Looking Right ◦ Neck: Limited Motion Looking Right ◦ Neck: Asymmetry Tilting Neck Motion on Left Side ◦ Tightening of Soft Tissue in Left Shoulder/ Shoulder Blade ◦ Soft Tissue Tightening of Shoulder Blade/Left Rotator Cuff Muscles ◦ Functional Loss of Movement in Shoulder/Shoulder Blade Soft Tissue ◦ Median Nerve Irritation with Tapping - Left ◦ Median Nerve Irritation with Tapping - Right ◦ Initial FFD - Left : 25 ◦ Initial FFD - Right : 25 ◦ End FFD - Left : 0 ◦ End FFD - Right : 0 ◦ Left Forward Flexion : 25 ◦ Right Forward Flexion : 25 ◦ Initial Lumbar LLF : 25 ◦ End Lumbar LLF : 18 ◦ Initial Lumbar RLF : 25 ◦ End Lumbar RLF : 17 ◦ Left Side Flexion : 7 ◦ Right Side Flexion : 8

IV. What To Do Now:~

- Your overall score of High indicates MSD risk factors are physically present. If you are not injured already, you are at an increased risk of developing an injury. This score is not meant to diagnose you. Please consider seeking medical advice as soon as possible.
- Each of the risk factors described above should be addressed.
- You can find out more about your specific risks and how to decrease them through links on our website: <https://injurycloud.com>
- Once you have seen your physician and addressed these risk factors, take our screening exam again to see what progress you have made.

Injury Assessment® Score Progression:

“Before and After” Results- The Power of Risk Factor Tracking and Quantifying

Risk Factor Reduction Program

2 Week Certified DC/PT Program

“Before”

Borderline “High” Score; Lower Back Highest Regional Score

IA Re-Test at 2nd week

Home Intervention- Lower Back Strengthening/Stretching

“After”

New Injury Assessment® Score Post Treatment Program:

Injury Trend Before Recommendation

“Functional” Improvement
Risk Factor Reduction

Injury Trend After Recommendation



Medical Intervention Recommended / MSD Injury Onset

***“John Doe”*: Injury Assessment® Score Results**